

1518 W. Magnolia Blvd. Burbank, CA. 91506 (818) 558-3591

Hours: M-F 5:30am-1:30pm/3pm-7:30pm / Sat. 8-12:30pm

## Monday

Jillian Michaels – 5:30am, 8am, 12:30pm, 6pm    **Arms, Core, Legs** –6am, 9am, 5:30pm

Zumba – 7-8pm

## Tuesday

Body Basics – 6am, 9am    **Arms, Core, Legs** – 12:30pm, 4pm, 5:30pm

Jillian Michaels – 7:30am, 6:00pm

## Wednesday

Jillian Michaels – 5:30am, 8am, 12:30pm    **Arms, Core, Legs** – 6am, 9am, 6pm

Zumba – 7-8pm

## Thursday

Body Basics – 6am, 9am    **Arms, Core, Legs** – 12:30pm, 4:30pm, 5:30pm

Jillian Michaels – 7:30am, 6:00pm

## Friday

Body Basics –6am, 9am    **Stretch and Strength** – 7:00pm

Jillian Michaels – 5:30am, 7:30am, 12:30pm, 5:30pm

## Saturday

Jillian Michaels – 9am

Zumba 9:30-10:30am    **Stretch and Strength** – 10:30am

ZUMBA PRICES: \$4 ½ HR. / \$8 HOUR – \$20 PUNCH CARDS AVAILABLE FOR PURCHASE –CLASSES MUST MEET  
MINIMUM ATTENDANCE STANDARDS OR ARE SUBJECT TO CANCELLATION